

RESET does not mean starting over.

Use this page to identify one place where the way work gets done may need to catch up with where your business is going.

1. SPOT THE FRICTION

Check up to three areas that feel most true today.

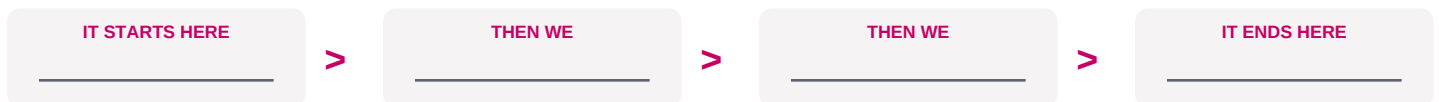
- | | |
|--|--|
| ☐ Too much still depends on me | ☐ My team or vendors keep coming back to me |
| ☐ We do repetitive work manually | ☐ We find opportunities too late or miss them |
| ☐ Follow-up is inconsistent | ☐ Our visibility is not producing enough opportunity |
| ☐ Important knowledge mostly lives in my head | ☐ We use AI, but without much strategy |
| ☐ Our systems do not work well together | ☐ We are too busy doing the work to improve how we work |

PROMPT: If I could remove ONE recurring frustration from my business in the next 30 days, it would be:

2. FOLLOW THE WORK

Pick one task or process you repeat. Map it quickly, then star the step where friction shows up.

THE RECURRING TASK OR PROCESS: _____



Put a star beside the step that takes too long, gets forgotten, requires you, gets repeated, or causes rework.

3. ASK THE RESET QUESTIONS

For the step you marked, check the answer that best fits.

- | | | | |
|---|------------------------------|-----------------------------|-----------------------------------|
| Does this really require ME? | ☐ Yes | ☐ No | ☐ Not sure |
| Does it require human judgment or relationship? | ☐ Yes | ☐ No | ☐ Not sure |
| Could someone else own it with better instructions? | ☐ Yes | ☐ No | ☐ Not sure |
| Could AI assist part of it? | ☐ Yes | ☐ No | ☐ Not sure |
| Could a system handle part of it automatically? | ☐ Yes | ☐ No | ☐ Not sure |

4. MAKE YOUR FIRST RESET

Complete the sentence:

My first Business Shift is to stop accepting _____ as "just the way we do it"
and explore a better way to _____.

What would improve if you solved this?

- | | | | | | | |
|--|--|------------------------------------|--|---|-------------------------------------|--------------------------------------|
| ☐ Time | ☐ Capacity | ☐ Follow-up | ☐ Customer experience | ☐ Team performance | ☐ Visibility | ☐ Opportunity |
| ☐ Revenue potential | ☐ Less dependence on me | | | | | |

YOUR NEXT MOVE: THE AI BUSINESS PIVOT

You identified where your business may need to shift. Next, explore what to preserve, what to change, and what new possibilities AI may create. | \$49 working session with LaVada English

EXPLORE THE PIVOT